



**Belchertown Life Group**  
**(Everyone)**  
**Thursdays at 6:30pm**  
**Contact Mike Courchesne**  
**mcourchesne@gmail.com**



**Sunderland Life Group**  
**(Women)**  
**Fridays at 11am**  
**Contact Pam Tan**  
**jpam33@gmail.com**

*Maple Ridge Church*  
*Life*  
**GROUPS**



**Montague Life Group**  
**(Everyone)**  
**Thursdays at 7pm**  
**Contact Joseph Frimpong**  
**dzesus@hotmail.com**



**Life Group**  
**(Young Adults)**  
**TBD**



**Amherst Life Group**  
**(Women)**  
**Mondays at 7pm**  
**Contact Jessica Courchesne**  
**jcourchesne4345@hotmail.com**